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· 文献综述 ·

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circRNA/miRNA/mRNA 的生物学功能及其对动脉粥样硬化的影响

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[摘要] 动脉粥样硬化(As)作为泛血管疾病的慢性动脉壁炎症反应, 是导致心脑血管疾病的主要原因之一。目前, 越来越多研究表明环状 RNA(circRNA)可介导微小 RNA(microRNA, miRNA)调控靶基因信使 RNA(mRNA)的表达, 通过复杂信号传导通路调控内皮细胞(EC)、血管平滑肌细胞(VSMC)和巨噬细胞的增殖、迁移、分化、凋亡及炎症等过程, 参与 As 形成与发展的病理生理过程。文章就 circRNA/miRNA/mRNA 的生物学功能及其对 As 的影响进行综合分析, 以期为动脉粥样硬化性疾病的诊治提供新思路。

[关键词] 环状 RNA; 微小 RNA; 动脉粥样硬化; 内皮细胞; 平滑肌细胞; 巨噬细胞

[中图分类号] R363; R5

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Biological function of circRNA/miRNA/mRNA and the effect on atherosclerosis

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[ABSTRACT] Atherosclerosis (As), as a chronic arterial wall inflammatory response in panvascular diseases, is one of the main causes of cardiovascular and cerebrovascular diseases. At present, more and more studies have shown that circular RNA (circRNA) are involved in the pathogenetic process of atherosclerosis formation and development. It can mediate microRNA (miRNA) regulation of messenger RNA (mRNA) expression in target genes. The mechanisms include endothelial cells, vascular smooth muscle cells and macrophages proliferation, migration, differentiation, apoptosis and inflammation and other processes. And it involves multiple complex signaling pathways. In this review, we comprehensively analyze the biological function of circRNA/miRNA/mRNA and its effect on As in order to provide new ideas for the diagnosis and treatment of atherosclerotic diseases.

[KEY WORDS] circular RNA; microRNA; atherosclerosis; endothelial cells; vascular smooth muscle cells; macrophage

动脉粥样硬化(atherosclerosis, As)是动脉硬化性血管疾病中最重要的一种, 涉及心、脑、肾、眼等脏器及外周血管的动脉系统, 是泛血管疾病的主要病理基础^[1]。由 As 引起的心脑血管疾病, 如缺血性心脏病、中风等疾病的死亡率目前仍居高不下^[2]。本病发病机制复杂, 涉及的因素囊括损伤反应学说^[3]、内皮细胞损伤、炎性浸润等多种学说, 但越来越多研究显示表观遗传学在 As 形成与发展过程中扮演着重要角色^[4]。特别是环状 RNA(circular RNA, circRNA)和微小 RNA(microRNA, miRNA)在

表观遗传调控和转录后调控基因表达中的作用, 已成为分子生物学领域研究热点。研究表明 circRNA 充当竞争性内源 RNA 或称为天然的 miRNA 海绵, 以特定方式与 miRNA 结合调节靶基因 mRNA 表达水平和功能, 实现 RNA 分子间相互调控作用^[5]。在心肌组织中, circRNA 以特定的方式结合 miRNA, 并调节转录因子和应激反应基因 mRNA 的表达, 这些 circRNA 的表达在 As、心肌肥厚和心室重构等情况下发生改变, 反映了它们作为诊断和预后生物标志物的重要性^[6-7]。

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如今有关 circRNA 的研究逐渐深入, circRNA 已被确认在心血管疾病中起重要作用。但其与 As 之间潜在的相关性仍难以捉摸, 有学者证实 circRNA/miRNA/mRNA 相互作用轴可能是治疗 As 的重要靶点, 通过在氧化型低密度脂蛋白 (oxidized low density lipoprotein, ox-LDL) 诱导的人 THP-1 巨噬细胞中, 建立 As 模型, 利用微阵列数据方法在 GSE107522 基因库中分析得出 29 个差异表达的 circRNA^[8]。类似的研究, 一项对冠状动脉粥样硬化性心脏病患者的外周血单核细胞中 circRNA 进行序列分析, 通过生物信息学分析探讨差异表达的 circRNA 生物学功能, 发现 1 342 个差异表达 circRNA, 同时构建 circRNA/miRNA/mRNA 网络结构, 主要通过泛素介导的蛋白水解和 MAPK 信号通路来参与细胞周期和细胞代谢等过程, 与冠状动脉粥样硬化的发展相关^[9]。同样, 在纳入冠状动脉造影证实冠状动脉严重狭窄患者的一项研究中显示, 通过高通量整合 circRNA-miRNA 数据, 发现 110 个差异表达的 circRNA, 并提供富集分析证实了 circRNA 参与多种疾病的发展过程^[10]。另外, INK4 基因座的环状反义非编码 RNA (circ_ANRIL), 转录于动脉粥样硬化性心血管疾病的基因座 9p21 上, 通过与 Pescadillo 同源物 1 (PES1) 结合, 诱导核仁应激和 p53 激活, 从而调控 As 关键细胞功能, 即诱导细胞凋亡和抑制增殖^[11]。进一步研究证实, 通过构建差异表达 circ_ANRIL 的冠状动脉粥样硬化大鼠模型, 发现抑制 circ_ANRIL 在冠心病中的表达可减轻血管内皮损伤、氧化应激和炎症反应^[12]。本文对 circRNA/miRNA/mRNA 网络结构的生物学功能及其在 As 发展中的研究进展进行综合分析, 以期为动脉粥样硬化的诊断和治疗提供新思路。

1 circRNA/miRNA/mRNA 的组成及生物学功能

circRNA 作为内源性非编码 RNA, 富含 miRNA 结合位点, 竞争性结合 miRNA, 进而调节 miRNA 对其下游靶基因 mRNA 分子的表达水平, 这一作用机制被称为竞争性内源 RNA 机制。该机制构成的网络结构涉及多个 RNA 分子, 主要包括 mRNA、miRNA、circRNA 及长链非编码 RNA (lncRNA) 等。

1.1 circRNA

circRNA 分子呈封闭环状结构, 与传统的线性 RNA 不同, 不受 RNA 外切酶影响, 表达稳定不易降解。circRNA 于 1976 年在仙台病毒中首次被发

现^[13], 最初认为是由于异常剪接而产生的功能有限并且含量极低的副产物, 并未引起重视。随着高通量测序及生物信息学技术的发展, 越来越多研究表明, circRNA 在自然界的生物中广泛存在^[14]。circRNA 分子下游外显子 3'端剪接体与上游外显子 5'端剪接位点连接在一起, 形成 3'-5' 磷酸二酯键, 构成一种共价闭合环状结构^[15]。circRNA 被认为是基因表达转录后强大的调节因子, 充当 miRNA “海绵”, 竞争性抑制 miRNA 对下游靶基因 mRNA 的作用^[16]。

除外 miRNA 海绵作用, circRNA 还有其他生物学功能, 如 circRNA 存在核糖体结合位点, 以实现其翻译功能, 但截至目前, 其内源性 circRNA 的翻译功能大多局限于间接验证。此外 circRNA 还可与 RNA 结合蛋白 (RNA binding protein, RBP) 结合参与转录后调控, 即具有 RBP 特异性结合元件的 circRNA 能够影响相关蛋白质的表达。而其中“miRNA 海绵”的概念源自于 miRNA 的功能丧失实验^[17], circRNA 与 miRNA 竞争性结合, 使得原本与 miRNA 结合的 mRNA 得以释放, 从而调节靶基因 mRNA 分子的表达水平, 这一通路被称为 circRNA/miRNA/mRNA 网络(图 1)。

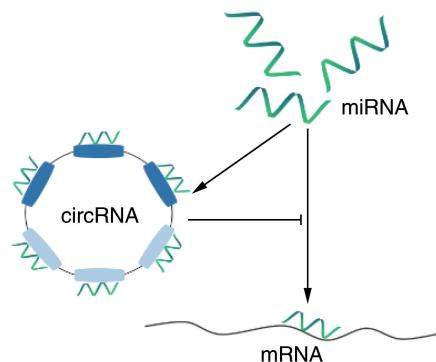


图 1. circRNA/miRNA/mRNA 互作关系

Figure 1. circRNA/miRNA/mRNA interaction relationship

1.2 miRNA

miRNA 是一组内源性高度保守的非编码单链 RNA, 广泛存在于真核生物中, 并在细胞核内生成, 由 20~25 个核糖核苷酸组成。miRNA 主要与靶基因 mRNA 3'端非编码区域 (3'-UTR) 特异性结合, 调控转录后靶基因 mRNA 的翻译过程, 从而阻断 mRNA 翻译和促进 mRNA 降解导致蛋白质表达降低^[18]。miRNA 的作用涉及个体发育、组织分化、细胞增殖和细胞凋亡等多种心血管疾病的发生发展。研究报道, miR-142-5p 在 As 中高表达, 且通过下调

其靶基因转化生长因子 β 2 (transforming growth factor- β 2, TGF- β 2)促进人巨噬细胞凋亡^[19]。miR-31-5p可通过靶向抑制胰岛素降解酶 (insulin-degrading enzyme, TDE)发挥促As作用^[20]。miRNA家族是基因表达调控网络中重要组成部分,通过多条信号传导通路参与心血管疾病的发生发展,包括As形成过程。

2 circRNA/miRNA/mRNA对As的影响

目前,相关研究报道了来自患者及动物模型中circRNA/miRNA/mRNA调控网络参与调控As形成和发展不同阶段不同细胞的功能,包括内皮细胞 (endothelial cells, EC)、血管平滑肌细胞 (vascular smooth muscle cells, VSMC)功能,以及巨噬细胞激活等病理生理过程,进而影响着As。以下分类进行阐述。

2.1 circRNA/miRNA/mRNA与EC

EC是心血管系统的基本组成部分,在维持血管稳态方面起至关重要作用,EC功能障碍是As发生的重要早期事件^[21]。EC损伤与炎症之间存在相互作用,而circRNA可调节EC的炎症反应,通过核因子 κ B (nuclear factor kappa-B, NF- κ B)信号通路来抑制EC炎症和凋亡,调控As病理生理过程。研究显示circ_0003645在经氧化型低密度脂蛋白(oxidized LDL, ox-LDL)诱导的人脐静脉内皮细胞(human umbilical vein endothelial cells, HUVEC)和As患者血浆中均呈高表达,circ_0003645沉默通过NF- κ B途径

改善由ox-LDL诱导的EC炎症和凋亡,并通过NF- κ B途径促进ox-LDL诱导的EC活力^[22]。circ_0065149竞争性结合miR-330-5p,通过激活NF- κ B信号通路,抑制NF- κ B p65表达,抑制肿瘤坏死因子 α (tumor necrosis factor- α , TNF- α)、白细胞介素6 (interleukin-6, IL-6)和白细胞介素1 β (interleukin-1 β , IL-1 β)产生,从而促进EC增殖、迁移及抑制EC凋亡^[23]。

实际上不同circRNA通过与不同miRNA竞争性结合,少量circRNA结合某一种特殊miRNA,多数circRNA可结合多种miRNA发挥竞争性调控基因表达作用。如circRNA泛素特异性蛋白酶36 (circ_USP36,又称circ_003204)可与多个miRNA相互作用调控EC。研究显示circ_USP36通过吸附miR-637来增强WNT4的表达,影响WNT/ β -catenin信号通路的调控诱导EC增殖、迁移,从而加速As中EC功能障碍^[24]。另外,circ_USP36沉默也可通过介导miR-197-3p/ROBO1轴减弱由ox-LDL诱导的HUVEC功能障碍,从而发挥抗As作用^[25]。也有研究显示circ_0003204在经ox-LDL处理后HUVEC中表达显著升高,并通过circ_0003204/miR942-5p/HDAC9新调控轴来抑制细胞增殖、诱导氧化应激和炎症加速HUVEC损伤^[26]。

近年来circRNA对EC调控作用的研究呈逐年上升,circRNA竞争性结合miRNA从而抑制其对靶基因的表达,影响EC增殖、炎症、凋亡等作用机制已逐渐清晰(表1)。

表1. circRNA/miRNA/mRNA对EC功能的影响
Table 1. Effects of circRNA/miRNA/mRNA on EC function

circRNA	miRNA	mRNA	对EC功能的影响	参考文献
circ_0000231	miR-135a-5p	CLIC4	促进EC炎症反应	[27]
circ_0004104	miR-328-3p	TRIM14	促进EC凋亡、炎症和氧化应激	[28]
circ_RSF1	miR-135b-5p	HDCA1	促进EC增殖,抑制EC凋亡、炎症	[29]
circ_RSF1	miR-758	CCND2	促进EC增殖、迁移	[30]
circ_0006896	miR1264	DNMT1	促进EC增殖、迁移	[31]
circ_PTPRA	miR-636	SP1	促进EC增殖,抑制EC凋亡	[32]
circ_0000345	miR-129-5p	TET2	抑制EC凋亡	[33]
circ_0068087	miR-186-5p	ROBO1	抑制EC凋亡、炎症、氧化应激	[34]
circ_0093887	miR-876-3p	CCND2/SUCNRA	抑制EC凋亡、炎症	[35]
circ_DIP2C	miR-556-5p	TET2	抑制EC炎症	[36]
circ_0003204	miR-370-3p	TGF- β R2	抑制EC增殖、迁移和血管形成	[37]

注:CLIC4:氯化物细胞内通道4(chloride intracellular channel 4); TRIM14:三方基序14(tripartite motif 14); HDCA1:组蛋白去乙酰化酶1 (histone deacetylase 1); CCND2:细胞周期蛋白D2(cyclin D2); DNMT1:DNA甲基转移酶1(DNA methyltransferase 1); SP1:特异性糖蛋白1(specific glycoprotein 1); TET2:甲基胞嘧啶双加氧酶2(tet methylcytosine dioxygenase 2); ROBO1:循环引导受体1(roundabout guidance receptor 1); SUCNRA:琥珀酸信号传递受体1(succinate signaling receptor)。

2.2 circRNA/miRNA/mRNA 与 VSMC

circRNA 不仅参与 EC 功能,还参与调控 VSMC 增殖、迁移、细胞周期的进程及表型转化,影响 As 进程。如 circ_USP36 在 As 患者和 ox-LDL 诱导的 HUVECs 中表达上调,它不仅参与调控 EC 功能,还通过调节 miR-182-5p/KLF5 轴来减轻由 ox-LDL 诱导的 HUVECs 损伤^[38]。同样有研究指出 circRNA_0044073 在 As 患者血清中呈高表达,该 circRNA 不仅与 miR-107 竞争结合促进 EC 增殖、迁移,还通过激活 JAK/STAT 信号通路,显著诱导 IL-1β、IL-6 和 TNF-α 等炎症因子表达,参与调控 VSMC 增殖、迁移和炎症反应^[39]。此外,NF-κB 介导的 VSMC 炎症表型转换在 As 和新内膜形成中起核心作用,据报道, circ-SIRT1 通过介导 NF-κB 信号通路与 miR-132/212 结合,促进宿主基因 SIRT1 的表达,导致核 NF-κB p65 的去乙酰化和失活,进而参与 VSMC 炎症反应^[40]。

circRNA 通过与不同 miRNA 竞争性结合,调控不同靶基因,调控下游多条信号传导通路,影响 VSMC 功能。circ_CHFR(又称 circ_0029589)作为 miR-241-3p 竞争性内源性 RNA,竞争性抑制 miR-241-3p 对 WNT3 的表达调控,从而调节 ox-LDL 诱

导的 VSMC 增殖、迁移和炎症^[41];也可介导 miR-370/FOXO1/CyclinD1 通路促进 VSMC 增殖和迁移^[42],加快 As 进程。然而,不同研究提出, circ_0029589 通过海绵作用结合 miR-424-5p 正调控胰岛素样生长因子 2 (insulin-like growth factor-2, IGF-2) 表达, circ_0029589 沉默抑制由 ox-LDL 处理的 VSMC 增殖、迁移,诱导细胞凋亡,miR-424-5p 是 circ_0029589 下游作用靶点,其下调逆转了 circ_0029589 对 ox-LDL 刺激的 VSMC 增殖、迁移、侵袭和凋亡的干扰作用。在 ox-LDL 处理的 VSMC 中,IGF-2 是 miR-424-5p 下游靶基因,miR-424-5p 过表达通过下调 IGF-2 抑制增殖、迁移和侵袭,促进细胞凋亡,起到抗 As 的作用^[43]。

circRNA 不仅参与 VSMC 增殖、迁移、凋亡及炎症反应等过程,还可调节 VSMC 衰老,而 VSMC 老化亦导致 As 疾病发生发展,一项有关在高糖条件下诱导下来自人脐静脉内皮细胞外泌体 (HUVEC-Exos) 的 circRNA 是否以及如何调节 VSMC 衰老的研究中指出,circ_0077930 通过竞争性结合 miR-622,解除对 Kras 蛋白表达,升高作为高糖条件下 VSMC 衰老的关键调控因子 Kras 表达水平,诱导 VSMC 衰老^[44](表 2)。

表 2. circRNA/miRNA/mRNA 对 VSMC 功能的影响

Table 2. Effects of circRNA/miRNA/mRNA on VSMC function

circRNA	miRNA	mRNA	对 VSMC 功能的影响	参考文献
circ_0010283	miR-370-3p	HMGB1	促进 VSMC 活力、迁移	[45]
circ_GRN	miR-214-3p	FOXO1	促进 VSMC 增殖、迁移、炎症	[46]
circ_SATB2	miR-939	STIM1	促进 VSMC 增殖、迁移	[47]
circ_MPAK1	miR-22-3p	MECP2	促进 VSMC 增殖、迁移	[48]
circ_PTPRA	miR-636	SP1	促进 VSMC 凋亡,抑制 VSMC 增殖	[32]
circ_UBR4	miR-107	ROCK1	抑制 VSMC 增殖	[49]
circ_MTO1	miR-182-5p	RASA1	抑制 VSMC 增殖、迁移	[50]
circ_0010283	miR-133a-3p	PAPPA	抑制 VSMC 增殖、迁移	[51]
circ_MAP3K5	miR-22-3p	TET2	抑制 VSMC 增殖	[52]
circ_0000345	—	HIF-1α	抑制 VSMC 凋亡	[53]
circ_00295889	miR-214-3p	STIM1	抑制 VSMC 增殖、迁移	[54]
circ_DHCR24	miR-149-5p	MMP9	抑制 VSMC 增殖、迁移	[55]

注:HMGB1:高迁移率族蛋白 B1 (high mobility group box 1);FOXO1:叉头样转录因子 O1(fork head like transcription factor O1);STIM1:基质相互作用分子 1(stromal interaction molecule 1);MECP2:甲基化 CpG 结合蛋白 2(methyl-CpG-binding protein 2);ROCK1:Rho 激酶 1(Rho/Rho-associated coiled-coil containing kinase 1);RASA1:Ras p21 蛋白激活剂 1(Ras p21 protein activator 1);PAPPA:妊娠相关血浆蛋白 A(pregnancy-associated plasma protein A);HIF-1α:缺氧诱导因子 1α(hypoxia inducible factor-1α);MMP-9:基质金属蛋白酶 9(matrix metalloproteinases-9)。“—”表示无法获取。

2.3 circRNA/miRNA/mRNA 与 单核巨噬细胞

巨噬细胞来源于单核细胞,单核细胞吞噬 ox-LDL 转化成泡沫细胞,形成 As 斑块的脂质核心。

circRNA 通过 circRNA/miRNA/mRNA 网络调控系统参与调控单核巨噬细胞增殖、分化、迁移等病理过程,从而促进纤维帽形成和斑块核心坏死等多个

环节,影响着 As。研究显示 circ_0001879 和 circ_0004104 在冠状动脉疾病患者血清中被证实是显著上调的,其中 circ_0004104 过表达影响着 THP-1 来源巨噬细胞基因表达,在 circ_0004104 过表达组中,吲哚胺 2,3-双加氧酶 1(indoleamine 2,3-dioxygenase 1, IDO1)、基质金属蛋白酶 8(matrix metalloproteinase-8, MMP-8)、CD40 等促 As 基因转录本显著上调,而载脂蛋白 A I(apolipoprotein A I, ApoA I)、核糖核酸酶 1(RNASE1)等抗 As 基因转录本显著下调^[56],这一结果证实了 circ_0004104 过表达在 THP-1 来源的巨噬细胞中正调控 As 基因表达和负调控抗 As 基因表达的作用^[56]。也有学者通过微阵列分析评估 circRNA 谱,发现 circ_0029589、circ_0002984 和 circ_0010283 在 ox-LDL 诱导的 VSMC 中高度上调,并且临床观察结果表明 IRF-1 通过促进其 m6A 修饰抑制 circ_0029589 来促进急性冠状动脉综合征和 As 患者中巨噬细胞凋亡和炎症的新机制^[57]。

当前,多项研究证据显示 circRNA 竞争性结合 miRNA 促进单核巨噬细胞增殖、迁移、炎症等功能。circ_TM7SF3 可直接与 THP-1 来源巨噬细胞中的 miR-206 相互作用,通过抑制门冬氨酸脱氢酶(aspartate dehydrogenase, ASPH)的表达,抑制 THP-1 巨噬细胞的活力,促进细胞凋亡、炎症和氧化应激^[58]。此外,也有研究证实 circ_SCAP 通过调节 miR-221-5p/磷酸二酯酶 3B(phosphodiesterases 3B, PDE3B)轴促进 THP-1 巨噬细胞中的脂质积累、炎症和氧化应激^[59]。学者通过 circRNA 测序,发现 circDENND1B(circ_0000081)的表达与 As 进展及泡沫细胞形成呈负相关,上调 circ_0000081 可通过促进胆固醇外排显著缓解 ox-LDL 诱导的泡沫细胞形成,并验证了 circ_0000081 作为 miR-175p 的海绵参与 IL-1 β 单克隆抗体的抗 As 作用^[60]。由此看出, circRNA/miRNA/mRNA 网络结构参与 As 发生发展的主要病理生理过程,包括脂质代谢的调控。

2.4 circRNA/miRNA/mRNA 与脂质代谢

研究表明 circRNA/miRNA/mRNA 网络结构在 EC 及 VSMC 损伤和功能障碍、单核巨噬细胞浸润等方面起着重要作用,但其在 As 的其他机制中仍需要更多的实验证据。EC 及 VSMC 损伤和功能障碍、单核巨噬细胞浸润等是引起 As 脂质代谢及不稳定斑块形成的主要机制,而研究表明 miRNA 几乎可参与 As 易损斑块形成的全过程^[61]。易损斑块是指 As 斑块中发展迅速、具有血栓形成倾向的不稳定性高危斑块,与冠心病的发生发展息息相关^[62]。

不仅如此,circRNA 还可通过调控自噬来影响

As 脂质代谢及斑块稳定性。通过生物信息学分析, circ_0030042 在冠心病患者血清中显著下调,其过表达作为内源性真核启动因子 4A-III(eukaryotic initiation factor 4A III, eIF4A3)的海绵,抑制由 ox-LDL 诱导的 HUVEC 异常自噬,维持斑块稳定性^[63]。circ_HIPK3 通过激活自噬来降低由 ox-LDL 诱导的 HUVEC 中脂质含量,通过 miR-190b/ATG7 信号通路影响 As 的发病机制^[64],也参与脂质代谢的调节。上述研究显示 circRNA/miRNA/mRNA 调控网络可调节脂肪生成,影响斑块稳定性,从而调控 As 的进展。

3 展望

综上所述,本文介绍了 circRNA/miRNA/mRNA 相互之间的网络调控,及其生物学功能,并对该调控网络在 As 中的作用机制进行初步探讨,旨在说明 circRNA/miRNA/mRNA 网络结构在 As 中重要的调控作用及研究现状,circRNA 通过多个环节介导单个或多个 miRNA 调控 mRNA 功能,参与 As 病理生理过程错综复杂的信号传导通路。此领域尚有不足,如 circRNA 作为一种具体调节因子干预 As 转归研究较少,仍需日后深入研究,进一步在 As 患者、动物或细胞模型中加以深入研究和验证,尽早发现在 As 病理生理过程中作用通路的关键调控因子干预疾病的转归,以期为动脉粥样硬化性疾病的早期诊断和治疗提供有价值的生物标志物及新的治疗。

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(上接第 55 页)

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